

## Day 2 - Personality & Character

Name: \_\_\_\_\_ Class: 10 \_\_\_\_ Date: \_\_\_\_\_

50 high-frequency words and expressions (B1-C1) for describing people. Read each item, study the Uzbek equivalent and the example sentence, then complete the exercises.

### A. Key terms (nouns)

| #  | English                  | Uzbek                                  | Example sentence                                        |
|----|--------------------------|----------------------------------------|---------------------------------------------------------|
| 1  | <b>personality trait</b> | xarakter xususiyati                    | Patience is a personality trait I admire.               |
| 2  | <b>temperament</b>       | mijoz, fe'l-atvor                      | He has a calm temperament and rarely gets angry.        |
| 3  | <b>self-esteem</b>       | o'z-o'zini hurmat qilish, o'ziga baho  | Praise from teachers can raise a student's self-esteem. |
| 4  | <b>integrity</b>         | halollik, vijdonlilik                  | A leader needs integrity more than charm.               |
| 5  | <b>empathy</b>           | hamdardlik, boshqalarni his qila olish | Empathy means understanding how others feel.            |
| 6  | <b>ambition</b>          | shijoat, intilish                      | Her ambition is to become a surgeon.                    |
| 7  | <b>perseverance</b>      | matonat, sabot                         | Perseverance matters more than talent in the long run.  |
| 8  | <b>arrogance</b>         | manmanlik, takabburlik                 | His arrogance made him unpopular with the team.         |
| 9  | <b>first impression</b>  | birinchi taassurot                     | You only get one chance to make a first impression.     |
| 10 | <b>sense of humour</b>   | hazil tuyg'usi                         | A good sense of humour helps in stressful situations.   |

### B. Collocations

| #  | English                               | Uzbek                                         | Example sentence                                      |
|----|---------------------------------------|-----------------------------------------------|-------------------------------------------------------|
| 11 | <b>have a strong / weak character</b> | kuchli / bo'sh xarakterga ega bo'lmoq         | She has a strong character and never gives in.        |
| 12 | <b>make a good impression</b>         | yaxshi taassurot qoldirmoq                    | He made a good impression at the interview.           |
| 13 | <b>keep your word</b>                 | va'dasida turmoq                              | I trust him because he always keeps his word.         |
| 14 | <b>lose your temper</b>               | jahli chiqmoq                                 | Try not to lose your temper in an argument.           |
| 15 | <b>take responsibility (for)</b>      | javobgarlikni o'z zimmasiga olmoq             | Mature people take responsibility for their mistakes. |
| 16 | <b>get on (well) with</b>             | ... bilan yaxshi chiqishmoq                   | I get on well with most of my classmates.             |
| 17 | <b>stand up for yourself</b>          | o'zini himoya qila olmoq                      | You have to learn to stand up for yourself.           |
| 18 | <b>think highly of</b>                | yuksak baholamoq                              | Our teacher thinks highly of Malika.                  |
| 19 | <b>be true to yourself</b>            | o'ziga sodiq qolmoq                           | Whatever happens, be true to yourself.                |
| 20 | <b>go out of your way to help</b>     | yordam berish uchun qo'lidan kelganini qilmoq | She went out of her way to help the new student.      |

## C. Phrasal verbs

| #  | English                 | Uzbek                                     | Example sentence                                 |
|----|-------------------------|-------------------------------------------|--------------------------------------------------|
| 21 | <b>show off</b>         | maqтанmoq, ko'z-ko'z qilmoq               | He loves to show off his new phone.              |
| 22 | <b>look up to</b>       | hurmat qilmoq, namuna deb bilmoq          | I look up to my older sister.                    |
| 23 | <b>look down on</b>     | past nazar bilan qaramoq                  | Never look down on people with less money.       |
| 24 | <b>put up with</b>      | chidamoq, toqat qilmoq                    | I can't put up with his rudeness any more.       |
| 25 | <b>calm down</b>        | tinchlanmoq                               | Take a deep breath and calm down.                |
| 26 | <b>open up (to)</b>     | dilini ochmoq                             | It took him months to open up to his counsellor. |
| 27 | <b>let someone down</b> | umidini puchga chiqarmoq                  | She has never let me down.                       |
| 28 | <b>stick up for</b>     | himoya qilmoq (kimningdir tarafini olmoq) | My friends always stick up for me.               |
| 29 | <b>take after</b>       | (ota-onaga) o'xshamoq                     | I take after my father - we're both stubborn.    |
| 30 | <b>fall out (with)</b>  | urishib qolmoq                            | They fell out over a silly argument.             |

## D. Adjectives

| #  | English                            | Uzbek                                 | Example sentence                                  |
|----|------------------------------------|---------------------------------------|---------------------------------------------------|
| 31 | <b>easy-going</b>                  | beg'am, hamma narsaga oson qaraydigan | My uncle is easy-going and never worries.         |
| 32 | <b>outgoing</b>                    | kirishimli, ochiq                     | Outgoing people enjoy meeting strangers.          |
| 33 | <b>reserved</b>                    | kamgap, o'zini tutadigan              | She is reserved but very thoughtful.              |
| 34 | <b>self-confident</b>              | o'ziga ishongan                       | You need to be self-confident to give a speech.   |
| 35 | <b>considerate</b>                 | e'tiborli, mulohazali                 | It was considerate of you to call.                |
| 36 | <b>stubborn</b>                    | qaysar                                | He's too stubborn to admit he was wrong.          |
| 37 | <b>sensitive</b>                   | ta'sirchan, nozik                     | She's sensitive and cries at sad films.           |
| 38 | <b>sensible</b>                    | aqli, oqilona                         | It was sensible to leave early.                   |
| 39 | <b>trustworthy</b>                 | ishonchli                             | A trustworthy friend keeps your secrets.          |
| 40 | <b>narrow-minded / open-minded</b> | tor fikrli / keng fikrli              | Travel makes people more open-minded.             |
| 41 | <b>witty</b>                       | hozirjavob, zukko                     | Her witty answers make the class laugh.           |
| 42 | <b>vain</b>                        | o'ziga bino qo'ygan                   | He's so vain - he checks the mirror every minute. |

## E. Idioms and expressions

| #  | English                               | Uzbek                                    | Example sentence                                                  |
|----|---------------------------------------|------------------------------------------|-------------------------------------------------------------------|
| 43 | <b>a people person</b>                | odamlar bilan tez til topishadigan kishi | Nodir is a real people person - he can talk to anyone.            |
| 44 | <b>a pain in the neck</b>             | jonga tegadigan odam / narsa             | My little brother can be a pain in the neck.                      |
| 45 | <b>wear your heart on your sleeve</b> | his-tuyg'ularini yashirmaslik            | She wears her heart on her sleeve; you always know how she feels. |
| 46 | <b>have a heart of gold</b>           | oltin yurakli bo'lmoq                    | My grandmother has a heart of gold.                               |
| 47 | <b>a know-it-all</b>                  | hamma narsani bilaman deb yuradigan odam | Nobody likes a know-it-all.                                       |
| 48 | <b>cold fish</b>                      | sovuqqon, his-tuyg'usiz odam             | The new manager seems a bit of a cold fish.                       |
| 49 | <b>down-to-earth</b>                  | oddiy, kamtar, real fikrlaydigan         | Despite her fame, she is very down-to-earth.                      |
| 50 | <b>a good listener</b>                | yaxshi tinglovchi                        | The best friends are good listeners.                              |

## Exercise 1 - Gap fill

Complete each sentence with a word from the box. Change the form of the verb if necessary. Each word is used once.

|                |               |                     |              |            |
|----------------|---------------|---------------------|--------------|------------|
| keep your word | people person | narrow-minded       | perseverance | witty      |
| easy-going     | down-to-earth | take responsibility | integrity    | look up to |
| put up with    | considerate   | let down            | show off     | open up    |

- I can't \_\_\_\_\_ his constant complaining any longer.
- Young children often \_\_\_\_\_ their older brothers and sisters.
- Stop \_\_\_\_\_ - nobody cares how expensive your watch is.
- Anvar promised to help and he did. He always \_\_\_\_\_.
- She is very \_\_\_\_\_ and never gets stressed about exams.
- It took a while, but he finally \_\_\_\_\_ to his parents about the problem.
- Nobody wants a friend who \_\_\_\_\_ them \_\_\_\_\_ at the last minute.
- Talent is useful, but \_\_\_\_\_ is what gets you to the finish line.
- A leader with \_\_\_\_\_ tells the truth even when it is uncomfortable.
- You should \_\_\_\_\_ for your own mistakes instead of blaming others.
- It was \_\_\_\_\_ of you to save a seat for her.
- His \_\_\_\_\_ answers make even the teacher laugh.
- She is a real \_\_\_\_\_ - she can start a conversation with anyone.
- Despite winning the award, he remained \_\_\_\_\_ and modest.
- Don't be so \_\_\_\_\_ - listen to other people's ideas.

## Exercise 2 - Reading

Read the text. The new words are in bold.

### Two Sisters, Two Temperaments

Everyone in the family says that Gulnora and her younger sister Sevara could not be more different. Gulnora is **outgoing** and **self-confident**, a genuine **people person** who **makes a good impression** within minutes of meeting someone. Sevara, on the other hand, is **reserved** and takes time to **open up**, but those who know her well describe her as **considerate**, **trustworthy** and a wonderful **good listener**.

Their father says that Gulnora **takes after** him. She has plenty of **ambition**, she is **witty**, and she is not afraid to **stand up for herself**. Her weakness, he admits, is a touch of **arrogance**: she sometimes **looks down on** people who are slower than her, and she can be a real **pain in the neck** when she does not get her way. Sevara, meanwhile, resembles their mother: she **wears her heart on her sleeve**, she is **sensitive** to other people's moods, and she has, in her grandmother's words, **a heart of gold**.

The sisters used to **fall out** constantly. Gulnora would **lose her temper**, Sevara would go quiet, and their parents had to **put up with** days of silence. Things changed when Sevara started secondary school and was bullied by an older girl. Gulnora **went out of her way to help**: she walked her sister to school every morning and **stuck up for** her until the bullying stopped. Sevara says that experience raised her **self-esteem** more than anything else.

Today the two **get on** remarkably well. "We still argue," Gulnora laughs, "but she has never **let me down**, and I **think highly of** her, even if I don't always say so." Perhaps that is the real lesson: a **strong character** is not about being loud or quiet, but about **keeping your word** and being **true to yourself**.

## Exercise 2 - Questions

### Part A - True / False / Not Given

Write *TRUE* if the statement agrees with the text, *FALSE* if it contradicts the text, or *NOT GIVEN* if there is no information about it.

1. Gulnora finds it easy to make a good first impression. \_\_\_\_\_
2. Sevara is described as a poor listener. \_\_\_\_\_
3. Gulnora and her father have similar personalities. \_\_\_\_\_
4. Gulnora is the best student in her year. \_\_\_\_\_
5. The sisters never argue any more. \_\_\_\_\_
6. Sevara's grandmother lives with the family. \_\_\_\_\_

### Part B - Multiple choice

Choose the correct letter, A, B, C or D.

7. According to the text, what is Gulnora's weakness?
  - A) She is too sensitive.
  - B) She is too reserved.
  - C) She is a little arrogant.
  - D) She lacks ambition.
8. Which sister does Sevara resemble?
  - A) her father
  - B) her grandmother
  - C) her mother
  - D) her older cousin
9. How did Gulnora help Sevara at secondary school?
  - A) She did her homework.
  - B) She spoke to the teachers.
  - C) She moved to the same class.
  - D) She walked her to school and defended her.
10. What does Gulnora suggest a strong character really means?
  - A) being loud and confident
  - B) keeping your word and being yourself
  - C) never arguing
  - D) having a good sense of humour

## Exercise 3 - Crossword

Solve the clues and write one letter in each white square. All answers are words from the Day 2 list.



### Across

- 2. Understanding how others feel (7)
- 7. Believing you are better than everyone else (9)
- 11. Continuing despite difficulty (12)
- 12. Thinking about other people's feelings (11)
- 14. You can rely on this person (11)
- 15. Showing good judgement (8)

### Down

- 1. Refusing to change your mind (8)
- 3. Too proud of your looks (4)
- 4. A strong wish to succeed (8)
- 5. Quiet; not showing feelings (8)
- 6. A person's natural way of behaving and feeling (11)
- 8. Honesty and strong moral principles (9)
- 9. Friendly and sociable (8)
- 10. Easily affected by feelings (9)
- 13. Clever and funny with words (5)

# Homework & memory tasks

*Choose the tasks that suit your class. Students need to meet a word 5-7 times before they really know it, so these tasks recycle the 50 items across the week.*

## 1. Character sketch (tonight)

Write a 120-word description of someone you admire. Use at least 10 items from three different sections; idioms from section E belong in informal parts, e.g. quoted speech.

## 2. Flashcards

Make a card for every item in sections B, C and E (the multi-word ones are hardest to remember): English on the front; Uzbek, the example sentence and a note on register (formal / informal) on the back.

## 3. Contrast pairs

Write 8 sentences contrasting two people using pairs like outgoing / reserved, sensitive / sensible, narrow-minded / open-minded, look up to / look down on, stick up for / let down.

## 4. Speaking: two-minute talk

'Which personality trait matters most in a friend?' Use at least 8 items. Partners tick what they hear and give one piece of feedback on register.

## 5. Word families

Complete: arrogance > arrogant; empathy > empathetic; ambition > ambitious; perseverance > persevere; integrity > (adj.?); considerate > consideration. Write a sentence for each new form.

## 6. Recycle Day 1

Write 5 sentences combining a Day 1 and a Day 2 item, e.g. 'Diligent students are not always trustworthy.'

## 7. Weekly test

Friday: 20 items from Days 1-2, gap-fill format. Warm-ups on Days 3-5: a 5-minute idiom race or 'define it in English' round.

# Answer key (teacher's copy)

## Exercise 1 - Gap fill

1. put up with; 2. look up to; 3. showing off; 4. keeps his word; 5. easy-going; 6. opened up; 7. lets ... down; 8. perseverance; 9. integrity; 10. take responsibility; 11. considerate; 12. witty; 13. people person; 14. down-to-earth; 15. narrow-minded

## Exercise 2 - Reading

Part A: 1. TRUE; 2. FALSE; 3. TRUE; 4. NOT GIVEN; 5. FALSE; 6. NOT GIVEN

Part B: 7. C; 8. C; 9. D; 10. B

## Exercise 3 - Crossword

Across: 2. EMPATHY; 7. ARROGANCE; 11. PERSEVERANCE; 12. CONSIDERATE; 14. TRUSTWORTHY; 15. SENSIBLE

Down: 1. STUBBORN; 3. VAIN; 4. AMBITION; 5. RESERVED; 6. TEMPERAMENT; 8. INTEGRITY; 9. OUTGOING; 10. SENSITIVE; 13. WITTY

