

Day 1 - School Life

Name: _____ Class: 8 ____ Date: _____

40 useful words and phrases (A2+ to B1+). Read each item, study the Uzbek meaning and the example sentence, then do the exercises.

A. Nouns

#	English	Uzbek	Example sentence
1	assignment	topshiriq	We have a writing assignment for Monday.
2	essay	insho	I wrote an essay about my hometown.
3	revision	takrorlash	I do an hour of revision every evening.
4	knowledge	bilim	Books give you knowledge about the world.
5	skill	ko'nikma, mahorat	Speaking is my weakest skill.
6	grade (school year)	sinf (o'quv yili)	I'm in the eighth grade.
7	tutor	repetitor	My tutor helps me with maths on Saturdays.
8	after-school club	darsdan keyingi to'garak	I go to the chess club after school.
9	progress	o'sish, taraqqiyot	My teacher says I'm making good progress.
10	compulsory / optional subject	majburiy / tanlov fani	Maths is compulsory, but art is optional.
11	scholarship	stipendiya, grant	She won a scholarship to a school in Tashkent.
12	reward / punishment	mukofot / jazo	A trip to the museum was our reward.

B. Verbs

#	English	Uzbek	Example sentence
13	explain	tushuntirmoq	Can you explain this rule again?
14	discuss	muhokama qilmoq	We discussed the story in groups.
15	participate (in)	ishtirok etmoq	Everyone participated in the debate.
16	practise	mashq qilmoq	Practise your English every day.
17	achieve	erishmoq	You can achieve a lot if you work hard.
18	succeed	muvaqqafiyatga erishmoq	She succeeded in the final exam.
19	encourage	rag'batlantirmoq	Our teacher encourages us to ask questions.
20	struggle (with)	qiynalmoq	I struggle with grammar.
21	cheat	ko'chirmoq, aldamoq	Don't cheat in the test.
22	graduate (from)	bitirmoq	My sister graduated from school last year.

C. Adjectives

#	English	Uzbek	Example sentence
23	talented	iste'dodli	He is a talented musician.
24	confident	o'ziga ishongan	I feel confident before the speaking test.
25	responsible	mas'uliyatli	Responsible students bring their books.
26	patient	sabrli	A good teacher is patient.
27	absent / present	darsda yo'q / bor	Two students were absent today.
28	challenging	qiyin, murakkab	The last question was challenging.
29	disappointed	hafsalasi pir bo'lgan	I was disappointed with my mark.
30	curious	qiziquvchan	Curious students ask a lot of questions.

D. Phrasal verbs and phrases

#	English	Uzbek	Example sentence
31	give up	taslim bo'lmoq	Don't give up - try again!
32	catch up (on)	yetib olmoq	I was ill, so I need to catch up on the lessons.
33	fall behind	orqada qolmoq	If you don't study, you will fall behind.
34	go over	takrorlab chiqmoq	Let's go over the new words.
35	hand out	tarqatmoq	The teacher handed out the tests.
36	take notes	konspekt yozmoq	I take notes in every lesson.
37	make progress	o'sishga erishmoq	You're making progress in reading.
38	do your best	qo'lidan kelganini qilmoq	Just do your best in the exam.
39	put your hand up	qo'l ko'tarmoq	Put your hand up if you know the answer.
40	a piece of cake (idiom)	juda oson	The test was a piece of cake!

Exercise 1 - Gap fill

Complete each sentence with a word from the box. Change the form of the verb if necessary. Each word is used once.

graduate	optional	piece of cake	absent	disappointed
scholarship	put your hand up	encourage	challenging	catch up
give up	take notes	struggle	hand out	participate

- Don't _____ - the exercise is difficult, but you can do it.
- I was ill last week, so I have to _____ on the lessons.
- The teacher _____ the worksheets and we started.
- My brother _____ from university two years ago.
- She won a _____ and now studies for free.
- Everyone _____ in the class discussion.
- I _____ with spelling, so I practise every day.
- Three students were _____ because of the flu.
- The exam was _____ - the questions were very hard.
- Our teacher always _____ us to try new things.
- You must _____ during the lesson so you can revise later.
- He was _____ when he saw his low mark.
- Art is an _____ subject; you can choose it or not.
- _____ if you want to answer the question.
- The test was a _____ - I finished in ten minutes!

Exercise 2 - Reading

Read the text. The new words are in bold.

Never Give Up

When Kamila started the eighth **grade**, she was worried about English. She **struggled with** grammar, and her first **essay** came back covered in red pen. She was **disappointed**, and for a few days she thought about **giving up**.

Her teacher, Mr Rustam, noticed the problem. He was **patient** and **explained** the rules again after class. "English is a **skill**," he said. "You don't learn it in one day - you **practise** it every day." He **encouraged** Kamila to **take notes** in every lesson and to **go over** them at home.

Kamila also joined the English **after-school club** on Wednesdays. At first she was shy, but soon she **participated** in every discussion. She learned to **put her hand up** and give her opinion, and she became more **confident**. Her mother found a **tutor** for two hours a week to help with **revision**.

By the end of the year, Kamila had **made** real **progress**. She finished her final **assignment** early and got the best mark in the class. "The test was a **piece of cake**," she told her friends. Mr Rustam gave her a book as a **reward** and wrote inside it: "To a **curious** and **responsible** student who never gave up."

Exercise 2 - Questions

Part A - True / False / Not Given

Write *TRUE* if the statement agrees with the text, *FALSE* if it contradicts the text, or *NOT GIVEN* if there is no information about it.

1. Kamila was worried about English at the start of the year. _____
2. Kamila's first essay got a high mark. _____
3. Mr Rustam explained the grammar rules again after class. _____
4. Mr Rustam has been a teacher for twenty years. _____
5. The English club meets on Fridays. _____
6. Kamila's tutor was a university student. _____

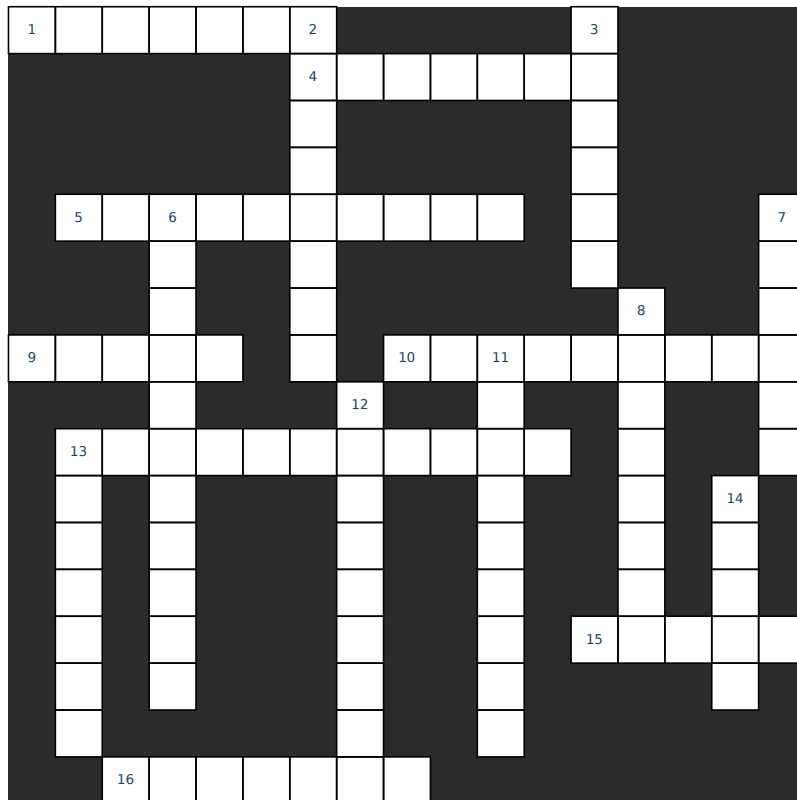
Part B - Multiple choice

Choose the correct letter, A, B, C or D.

7. How did Kamila feel after her first essay?
 - A) confident
 - B) curious
 - C) disappointed
 - D) patient
8. According to Mr Rustam, how do you learn a skill?
 - A) by reading one good book
 - B) by practising every day
 - C) by getting a tutor
 - D) by joining a club
9. What helped Kamila become more confident?
 - A) her mother's help
 - B) the book from Mr Rustam
 - C) her high mark
 - D) taking part in club discussions
10. What did Mr Rustam give Kamila at the end of the year?
 - A) a certificate
 - B) a book
 - C) a scholarship
 - D) extra homework

Exercise 3 - Crossword

Solve the clues and write one letter in each white square. All answers are words from the Day 1 list.



Across

1. Able to wait calmly without getting angry (7)
4. To reach a goal after hard work (7)
5. A piece of work the teacher gives you to do (10)
9. A private teacher (5)
10. To give someone confidence to try (9)
13. Difficult but interesting (11)
15. A piece of writing on one topic (5)
16. To achieve what you wanted (7)

Down

2. Having a natural ability (8)
3. Something good you get for doing well (6)
6. Money to help a student pay for their studies (11)
7. Not at school today (6)
8. Getting better step by step (8)
11. Sure that you can do something well (9)
12. What you know; facts and information (9)
13. Wanting to know and learn more (7)
14. To copy answers in a test (5)

Homework & memory tasks

Choose the tasks that suit your class. Students need to meet a word 5-7 times before they really know it, so these tasks recycle the 40 items across the week.

1. Ten true sentences (tonight)

Write 10 sentences about your own school life using words from at least three sections (A-D). Underline the new word or phrase.

2. Flashcards

Make a card for 20 items: English on the front; Uzbek, the example sentence and a small symbol on the back. Test yourself both ways.

3. Mini-story (100-120 words)

Write a story called 'A difficult test'. Use at least 8 items, including 3 phrases from section D.

4. Speaking: 90 seconds

Prepare a short talk on 'How I study English' or 'A club I would like to join'. Use at least 6 items; your partner ticks the ones they hear.

5. Word families

Make new forms: succeed > success, successful; encourage > encouragement; confident > confidence; patient > patience; responsible > responsibility. Write one sentence with each new word.

6. Partner gap-fill

Write 6 sentences with a Day 1 word missing. Swap with a partner and complete each other's sentences.

7. Daily recycling

Days 2-5: start with a 5-minute warm-up on Day 1 (quick translations, 'say it in a sentence', crossword-clue race). Friday: a 20-item test covering the week.

