Lesson 1 — A Typical School Day

Name: _____ Class: 8 ____ Date: _____

35 useful words and phrases. Read each item, study the Uzbek meaning and the example sentence, then do the exercises.

A. Getting ready in the morning

#	English	Uzbek	Example sentence
1	**an alarm clock**	budilnik	My **alarm clock** is on the table next to my bed.
2	**ring**	jiringlamoq	On school days my alarm clock **rings** at half past six.
3	**get out of bed**	karavotdan turmoq	It’s cold in winter, so I don’t want to **get out of bed** in the morning.
4	**have a quick shower**	tezgina dush qabul qilmoq	After football practice I **have a quick shower** at home.
5	**get dressed**	kiyinmoq	My little brother can’t **get dressed** without Mum’s help.
6	**a school uniform**	maktab formasi	Our **school uniform** is a white shirt and dark blue trousers.
7	**choose what to wear**	nima kiyishni tanlamoq	At the weekend it takes me ages to **choose what to wear**.
8	**go downstairs**	zinadan pastga tushmoq	I **go downstairs** and say good morning to my grandma.
9	**cereal**	xlopya (nonushtalik yorma)	My sister has **cereal** with milk for breakfast every day.
10	**toast**	qizartirilgan non (tost)	Dad makes **toast** with butter and honey on Sunday mornings.
11	**brush your teeth**	tish yuvmoq	I **brush my teeth** twice a day, in the morning and before bed.
12	**check your email**	elektron pochtani tekshirmoq	Before school I quickly **check my email** on Dad’s laptop.

B. Getting to school and the school day

#	English	Uzbek	Example sentence
13	**ride a bike**	velosiped minmoq, velosipedda yurmoq	My little sister is learning to **ride a bike** in the park.
14	**drive somebody to school**	birovni maktabga mashinada olib bormoq	When it rains, my uncle **drives me to school** in his car.
15	**get to school**	maktabga yetib bormoq	I usually **get to school** ten minutes before the first lesson.
16	**last**	davom etmoq (vaqt)	At our school lessons **last** for forty-five minutes.
17	**a break**	tanaffus	We have a twenty-minute **break** after the third lesson.
18	**the playground**	maktab hovlisi (o‘yin maydonchasi)	During the break the younger children play in **the playground**.
19	**a snack**	yengil tamaddi	I always take a small **snack** to school, usually an apple.
20	**a vending machine**	savdo avtomati	There is a **vending machine** with water and juice near the gym.
21	**the school canteen**	maktab oshxonasi	**The school canteen** serves plov every Thursday.
22	**bring your own sandwiches**	o‘zi bilan buterbrod olib kelmoq	On the class trip we all **bring our own sandwiches** and drinks.
23	**a hot meal**	issiq ovqat	In winter I always buy **a hot meal** at lunchtime.

C. After school and in the evening

#	English	Uzbek	Example sentence
24	**do sport**	sport bilan shug‘ullanmoq	After lessons we **do sport** in the school gym.
25	**a photography club**	fotografiya to‘garagi	Malika takes great pictures because she goes to a **photography club**.
26	**do homework**	uy vazifasini bajarmoq	I **do my homework** at the kitchen table before dinner.
27	**spend time online**	internetda vaqt o‘tkazmoq	My parents don’t let me **spend time online** after nine o’clock.
28	**send a text message**	SMS yubormoq	I **send a text message** to Mum when I leave school.
29	**have supper**	kechki ovqatni yemoq	Our family **has supper** together at about seven o’clock.
30	**a neighbour**	qo‘shni	Our **neighbour** Aziza often plays with my little sister.
31	**a dance class**	raqs mashg‘uloti	Nilufar has a **dance class** on Tuesday and Thursday evenings.

D. Blogs

#	English	Uzbek	Example sentence
32	**a blog**	blog (internetdagi kundalik)	My cousin writes a **blog** about life in Samarkand.
33	**a blog entry**	blogdagi yozuv	Today’s **blog entry** is about our school concert.
34	**post a comment**	izoh qoldirmoq	You can **post a comment** under every blog entry.
35	**typical**	odatiy, oddiy	A **typical** school day for me starts at half past six.

Reading — today's words in context

Read the text. The words in **bold** are from today's list — cover the table above and try to understand them from the sentence.

My typical school day — Nodira's blog

Welcome to my **blog**! My **alarm clock rings** at half past six. I **get out of bed**, **have a quick shower** and **go downstairs**. We wear a **uniform**, so I don't have to **choose what to wear**.

I put my books in my bag and **ride my bike** to school. When it rains, my mum **drives** me. I **get to school** at 8.15 and the first lesson starts at half past eight. Lessons **last** for 45 minutes and we have a twenty-minute **break**. During the break we play in **the playground** or buy **snacks** from **the vending machine**.

At one o'clock I buy **a hot meal** in the **canteen**, but my friend Kamila **brings her own sandwiches**. After the last lesson we **do sport** or activities — I'm in **the photography club**.

I go home at half past four and **do my homework** first. Then I write my **blog**, **spend an hour online** and **send text messages** to my friends. We **have supper** at seven. Is your day different? **Post your comments** below!

Answer the questions in one sentence.

1. What time does Nodira's alarm clock ring?
2. How does she go to school when it rains?
3. How long does each lesson last?
4. Who brings her own sandwiches?
5. Which club is Nodira in?
6. What does she do first when she gets home?

Exercise 1 — Gap fill

Complete the sentences with one word or phrase from the list.

1. What time does your alarm clock _____? (jiringlamoq)
2. Does Lizzie _____ what to wear in the morning? (tanlamoq)
3. Does Lizzie's dad _____ her to school? (mashinada olib bormoq)
4. Do you write your _____ every day? (kundalik onlayn yozuv)
5. How long do you _____ online every day? (vaqt o‘tkazmoq)
6. How many text messages does he _____ every day?
7. How many times a day do you c_____ your email?
8. Lessons _____ for forty minutes at Lizzie's school.
9. During the break we play in the _____. (maktab hovlisi)
10. Some kids bring their own _____, but Lizzie buys a hot meal.
11. We buy snacks from the _____ _____. (avtomat)
12. On Thursdays Lizzie goes to a _____ _____ from 7.30 to 9.30.

Exercise 2 — Match the word with its Uzbek meaning

#	English		Uzbek
1	the playground	a)	issiq ovqat
2	a hot meal	b)	maktabga yetib bormoq
3	get to school	c)	maktab hovlisi (o‘yin maydonchasi)

#	English		Uzbek
4	cereal	d)	xlopya (nonushtalik yorma)
5	a vending machine	e)	uy vazifasini bajarmoq
6	an alarm clock	f)	qizartirilgan non (tost)
7	get dressed	g)	tanaffus
8	do homework	h)	kiyinmoq
9	toast	i)	budilnik
10	a break	j)	savdo avtomati

Exercise 3 — Your own sentences

Write 4 true sentences about yourself, your family or your school — one word from each section (A-D). Underline the word you use.

1. _____

2. _____

3. _____

4. _____

Homework

1. Laser A2 Workbook pp. 4–5, ex. 1–3; darslik p.7 ex.3 ning 6–10-savollari.

2. Learn the 35 items (sections A–D) with the flashcards: sozlar.com/vocab/cards/?set=grade8-lesson1

3. Write your own blog entry about a typical school day (six sentences with times).

Memory tasks (optional — choose one)

Students need to meet a word 5–7 times before they really know it.

1. **Sentences (tonight).** Write 8 true sentences using words from the list — at least one from every section.

2. **Flashcards.** sozlar.com/vocab/cards/?set=grade8-lesson1 — listen to each word, then test yourself English → Uzbek and back.

3. **Short text (50–60 words).** Use at least six words from the list.

4. **Speaking.** Tell a partner about the topic for 30 seconds without stopping, using ten words from the list.

Answer key (teacher's copy)

Do not hand this page to the students.

Reading questions: 1. At half past six.; 2. Her mum drives her.; 3. Forty-five minutes.; 4. Her friend Kamila.; 5. The photography club.; 6. Her homework.

Exercise 1: 1. ring; 2. choose; 3. drive; 4. blog; 5. spend; 6. send; 7. check; 8. last; 9. playground; 10. sandwiches; 11. vending machine; 12. dance class

Exercise 2: 1-c 2-a 3-b 4-d 5-j 6-i 7-h 8-e 9-f 10-g