Lesson 11 — Talking about Daily Activities

Name: _____ Class: 7 ____ Date: _____

29 useful words and phrases. Read each item, study the Uzbek meaning and the example sentence, then do the exercises.

A. My morning

#	English	Uzbek	Example sentence
1	**wake up**	uyg‘onmoq	I **wake up** at half past six, but I stay in bed for ten minutes.
2	**get up**	o‘rnidan turmoq	On school days Sardor **gets up** at seven o’clock.
3	**have a shower**	dushga tushmoq	My dad **has a shower** every morning before work.
4	**wash your face**	yuzini yuvmoq	I **wash my face** with cold water — then I’m awake!
5	**get dressed**	kiyinmoq	Malika **gets dressed** quickly and puts on her school uniform.
6	**make your bed**	o‘rnini yig‘ishtirmoq	Before breakfast I **make my bed** — Mum likes a tidy room.
7	**have breakfast**	nonushta qilmoq	We **have breakfast** together at quarter past seven.
8	**clean your teeth**	tishini yuvmoq	After breakfast Jasur **cleans his teeth** in the bathroom.
9	**go to school**	maktabga bormoq	My sister and I **go to school** together at eight.
10	**walk to school**	maktabga piyoda bormoq	We live near the school, so I **walk to school**.
11	**take the bus**	avtobusda bormoq (avtobusga chiqmoq)	When it rains, I **take the bus** to school.
12	**arrive at school**	maktabga yetib kelmoq	I usually **arrive at school** ten minutes before the first lesson.

B. After school

#	English	Uzbek	Example sentence
13	**have lunch**	tushlik qilmoq	We **have lunch** in the school canteen at one o’clock.
14	**leave school**	maktabdan chiqmoq	On Mondays we **leave school** at half past one.
15	**come home**	uyga kelmoq	My mum **comes home** from work at six.
16	**have a snack**	tamaddi qilmoq (yengil ovqatlanib olmoq)	After school I **have a snack** — an apple or some bread.
17	**do your homework**	uy vazifasini bajarmoq	Aziz **does his homework** at his desk after lunch.
18	**play football**	futbol o‘ynamoq	On Wednesdays the boys **play football** in the school yard.
19	**go for a walk**	sayrga chiqmoq	In the afternoon I **go for a walk** in the park with my dog.
20	**phone a friend**	do‘stiga qo‘ng‘iroq qilmoq	When I don’t understand my maths homework, I **phone a friend**.
21	**tidy your room**	xonasini yig‘ishtirmoq	On Saturdays I **tidy my room** and help my mum.

C. In the evening

#	English	Uzbek	Example sentence
22	**set the table**	dasturxon tuzamoq	Before dinner my brother **sets the table**.
23	**have dinner**	kechki ovqatlanmoq	Our family **has dinner** at seven o'clock in the evening.
24	**get into bed**	o‘ringa yotmoq	At ten o'clock I **get into bed** and say goodnight to my parents.
25	**read a book**	kitob o‘qimoq	Every evening I **read a book** for twenty minutes.
26	**go to bed**	uxlashga yotmoq	On school days I **go to bed** at ten o'clock.
27	**turn off the light**	chiroqni o‘chirmoq	At half past ten Mum **turns off the light** in my room.
28	**go to sleep**	uxlamoq (uyquga ketmoq)	I read for a short time and then I **go to sleep**.
29	**fall asleep**	uxlab qolmoq	My little brother often **falls asleep** in front of the TV.

Reading — today's words in context

Read the text. The words in **bold** are from today's list — cover the table above and try to understand them from the sentence.

Jasur's school day

Jasur is twelve. He **wakes up** at quarter to seven and **gets up** at seven o'clock. Then he **has a shower**, **gets dressed** and **has breakfast** with his sister.

After breakfast, at twenty past seven, he **cleans his teeth** and **goes to school**. Half an hour later, at ten to eight, he **arrives at school**.

He **leaves school** at half past one and **comes home** at two. He **has lunch** at home, **does his homework** and **plays football** with his friends. The family **has dinner** at seven. Jasur watches TV for an hour, **goes to bed** at half past nine and **goes to sleep** at ten.

Answer the questions in one sentence.

1. What time does Jasur get up?
2. What does he do after breakfast?
3. When does he arrive at school?
4. Where does he have lunch?
5. How long does he watch TV?

Exercise 1 — Gap fill

Complete the sentences with one word or phrase from the list.

1. My alarm rings at seven, so I _____ _____ at seven, but I stay in bed until quarter past.
2. I have a shower and then I _____ _____ — I put on my school clothes.
3. We _____ _____ in the kitchen at eight o'clock in the morning.
4. After breakfast I _____ _____ _____ in the bathroom.
5. I leave home at half past eight and I _____ _____ _____ at ten to nine.
6. At two o'clock I _____ _____ and walk home.
7. I _____ _____ _____ before dinner, not after.
8. My family _____ _____ in the kitchen at seven in the evening.

9. I _____ _____ _____ at ten, but I read until half past.

10. _____ _____ _____ later, at half past eight, she goes to school.

11. 'Do you get up at seven?' 'No, I _____.'

12. I have breakfast at eight. Do you have breakfast at eight _____?

Exercise 2 — Match the word with its Uzbek meaning

#	English		Uzbek
1	go for a walk	a)	do‘stiga qo‘ng‘iroq qilmoq
2	have a shower	b)	xonasini yig‘ishtirmoq
3	come home	c)	tamaddi qilmoq (yengil ovqatlanib olmoq)
4	make your bed	d)	yuzini yuvmoq
5	have a snack	e)	kechki ovqatlanmoq
6	tidy your room	f)	dushga tushmoq
7	have dinner	g)	o‘rnini yig‘ishtirmoq
8	wash your face	h)	tishini yuvmoq
9	phone a friend	i)	sayrga chiqmoq
10	clean your teeth	j)	uyga kelmoq

Exercise 3 — Your own sentences

Write 3 true sentences about yourself, your family or your school — one word from each section (A-C). Underline the word you use.

1. _____

2. _____

3. _____

Homework

1. Learn the vocabulary by heart and prepare a one-minute talk about a day at Amberton Farm (plan: speaking about a farm).

2. Learn the 29 items (sections A–C) with the flashcards: sozlar.com/vocab/cards/?set=grade7-lesson11

3. Practise the SoundSpot sentence — say it three times fast.

Memory tasks (optional — choose one)

Students need to meet a word 5–7 times before they really know it.

1. **Sentences (tonight).** Write 8 true sentences using words from the list — at least one from every section.

2. **Flashcards.** sozlar.com/vocab/cards/?set=grade7-lesson11 — listen to each word, then test yourself English → Uzbek and back.

3. **Short text (50–60 words).** Use at least six words from the list.

4. **Speaking.** Tell a partner about the topic for 30 seconds without stopping, using ten words from the list.

Answer key (teacher's copy)

Do not hand this page to the students.

Reading questions: 1. At seven o'clock.; 2. He cleans his teeth.; 3. At ten to eight.; 4. At home — he comes home at two and has lunch.; 5. For an hour.

Exercise 1: 1. wake up; 2. get dressed; 3. have breakfast; 4. clean my teeth; 5. arrive at school; 6. leave school; 7. do my homework; 8. has dinner; 9. go to bed; 10. Half an hour; 11. don't; 12. too

Exercise 2: 1-i 2-f 3-j 4-g 5-c 6-b 7-e 8-d 9-a 10-h